



# **School Health Advisory Council**

**2020-2021**

# SHAC Overview

**...to assist the district in ensuring that local community values are reflected in the district's health education instruction.**

*Established in TEC (Sec. 28.004)*

# SHAC Areas of Focus 2020-2021

## Board Advisory Committee Goals 1 and 2

**Goal 1- Review and make recommendations regarding current student wellness resources and awareness.**

**Goal 2- Review and make recommendations regarding current staff wellness resources and awareness.**

# Board Advisory Committee Goal #1

*Review and make recommendations regarding current student wellness resources and awareness.  
Molly Pipak, Plano ISD K-12 Health & Physical Education Coordinator*

- **Review current Plano ISD Student Wellness Resources**
  - **Review current wellness resources available to the students**
    - **Review campus organized resources that are available**
    - **Review what platforms are being used to share the information**
- **Collected recommendations from SHAC**
  - **Recommendations were gathered from the committee for new resources and platforms**
  - **Actions for recommendations were shared with the committee**

# SHAC Areas of Focus 2020-2021

## Board Advisory Committee Goals 1 and 2

**Goal 1- Review and make recommendations regarding current student wellness resources and awareness.**

**Goal 2- Review and make recommendations regarding current staff wellness resources and awareness.**

# Board Advisory Committee Goal #2

*Review and make recommendations regarding current staff wellness resources and awareness.*

*Molly Pipak*

- **Review current Plano ISD Staff Wellness Resources**
  - **Review current wellness resources available to the staff**
    - **Review resources that are provided from the district for staff**
    - **Review what platforms are being used to share those resources**
- **Collected recommendations from SHAC**
  - **Recommendations were gathered from the committee for new resources and platforms**
  - **Actions for recommendations were shared with the committee**

# SHAC Goal Recommendations for 2021-2022

**Goal 1 - Review and make recommendations regarding Physical Education, Health Education, and Coordinated School Health curriculum including a recent adoption of new state standards.**

**Goal 2 - Review and make recommendations regarding student and staff wellness including social reconnection.**

# 2020-2021 SHAC Members

Meredith Bolin

Alexander Dvinanin

Jana Hancock

Janet Howell

Karen Richards

Karen Shepherd

Sabrina Sipes

Mary Swinton

Vinitha Arjunaswamy

Dr. Jacqueline da Silva Stephen

Jinnetter Dixon

Robin Fletcher

Xinyi Gong

Bruce Kendrick

Ernestine Key

Cathy Kissinger

Lisa Kolodny

Dawne Niethamer

Dylan Rafaty

Allison Smith

Mike Bronsky

Lauriston Crockett

Brianne Huedepohl

Dr. Pamela Moore

Colleen Tiller

Shannon Wiser

*Thank  
You*